

Samanga, A Less Known Controversial Medicinal Plant

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Received on 29th August, 1990

The drug Samanga is a very less known controversial drug in Ayurveda. Some authors have treated it as a synonym of Lajjalu (*M. pudica* L.), while others treated it as a separate drug. Regarding its botanical identity as a separate drug, different authors have given different views and seven different plants have been treated as Samanga. Looking to its various properties, characters etc. mentioned in classical treatises and texts, authors feel that Samanga may be *Biophytium sensitivum* (L.) DC. which belongs to the family Oxalidaceae.

1. A.R.O. (Ay.),

2. S.O. (Bot.),

R.R.I. (Ay.), Junagadh.

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1. मजिष्ठा कालमेषी च समङ्गा विकसाडरूणा । (ध. नि. गुडूच्यादि-वर्ग-श्लोक-16)
 2. बलासमङ्गोदकिका च भद्रा भद्रोदनी स्यात् खरकाष्ठिका च (राज नि. शताह्वादि वर्ग-94) ।
 3. लज्जालुः स्यात्कृष्णीपत्रा समङ्गा जलकारिका ।
रक्तपादी नमस्कारी नाम्ना खदिरकेत्यपि ॥ (भा. प्र. नि. गुडूच्यादि वर्ग-272) ।